

AMEL Education, LLC
Seminar Information



Seminar Title:

Understanding Post-Partum Depression

Credit Hours:

3

Location:

2744 W. 63rd Street
Chicago, Illinois 60629

Date:

Saturday, July 8, 2018

Time(s):

Registration begins at 8:30 a.m.

Seminar runs from 9:00 a.m. – 12:00 p.m.

Full Seminar Description:

Post-partum depression is a serious, long-lasting condition that, if left untreated, can have dangerous consequences for both mother and child. According to some studies, as many as 15% of new mothers experience post-partum depression. As behavioral health clinicians, it is imperative that we can identify when a client is at-risk for the disorder or identify that it is already occurring. This workshop will walk clinicians through risk factors for developing post-partum depression, as well as to identify common symptoms. Additionally, this workshop will help participants understand how the depression develops and its effects on the brain and other parts of the body. This workshop will encourage discussion about the cultural and historical implications of post-partum depression and review current assessment tools to help screen for the disorder. Finally, this workshop will review prevention strategies, as well as treatment options and resources for women who meet the criteria for diagnosis.

Learning Objectives:

- Participants will be able to describe how post-partum depression develops and its effect on biochemistry;
- Participants will be able to identify risk factors for developing post-partum depression;
- Participants will be able to identify symptoms of post-partum depression and review assessments used to screen for it;
- Participants will be able to discuss both prevention and treatment interventions for post-partum depression.

Tuition:

\$45 Regular Rate

Continuing Education Approval:

- *AODA Professionals:* Upon successful completion of this course, participants will be awarded a certificate of completion for 3 CEs as approved by the Illinois Certification Board for the following categories: Counselor II, CARS II, MISA I or II, PCGC II, CCJP II, CRSS I or II, CPRS I or II, MAATP II, NCRS II, CFPP II, CVSS II.
- *Professional Counselors:* Upon successful completion of this course, participants will be awarded a certificate of completion for 3 CE hours/credits as approved by the Illinois Department of Financial and Professional Regulation for LPCs and LCPCs.
- *Social Workers:* Upon successful completion of this course, participants will be awarded a certificate of completion for 3 CE hours/credits as approved by the Illinois Department of Financial and Professional Regulation for LSWs and LCSWs.
- **This seminar satisfies the cultural competence requirement for Illinois social workers.**
- *Nurses:* Upon successful completion of this course, participants will be awarded a certificate of completion for 3 CE hours/credits as approved by the Illinois Department of Financial and Professional Regulation for APNs, RNs and LPNs.

Additional Notes:

- Please make every effort to arrive on-time for registration in order to receive full credit for attendance. Latecomers cannot be accommodated and partial credit is not awarded.
- Additional location information and any additional seminar-specific details will be sent via confirmation email once paid registration received.
- Walk-ins cannot be accommodated; only registered, pre-paid and confirmed participants will be permitted to attend this seminar.

Visit www.ameleducation.org for more information!